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[HTTPS://WWW.THINKUKNOW.CO.UK/8_10/FUN/](https://www.thinkuknow.co.uk/8_10/fun/)

HOW TO HAVE FUN

Using the internet has become a really fun way of keeping in touch with friends and family.

There are lots of ways of doing this including IM, chat rooms, and through playing games and writing blogs. Mobile phones are also really popular now, and you can do lots of things on mobile phones that you couldn't do before.

There's lots of information on the CEOP site for you about the fun things you can do using the internet and mobile phones, as well as some advice on how to stay safe when you are having fun

HOW TO STAY IN CONTROL

Do you think you know how you can stay safe when you are using the internet?

Staying in control is about knowing that some people use the internet to be nasty to others.

There is lots of information for you on the CEOP site about the internet and mobile phones, so you can make the right choices and be safe

HOW TO REPORT

Being online and using the internet is just like being in the real world - you can chat to people, play games and share pictures. But sometimes things happen which can make you upset. People may say nasty things to you which upset you, or you may see something that you don't like.

If this happens, you must remember that it's not your fault.

ALWAYS TELL A TRUSTED ADULT straight away if you are upset or worried about something that has happened online

Remember to SAVE ANY MESSAGES that have upset you so you can show them to who you tell - they will be able to help, and they will be able to give you good advice about what else you can do. Never worry about getting in trouble - you aren't the one who has done anything wrong

If you don't want to talk to a trusted adult, you may want to chat to someone else about how you feel. [ChildLine](#) is a site where you can have a private 1-2-1 chat with a counsellor who will listen to you and not judge you. You can also call them for free on 0800 1111 and it won't show up on your phone bill

